



La Cuoca propone – Chef's suggestion

- 厨师长推荐

Le Insalate (our salads) (沙拉系列)

Insalata Sicilia - Insalata Torino - Insalata Caprese

西西里沙拉 - 都灵沙拉 - 卡普雷塞沙拉



Our home made pasta served with fresh tomato sauce

自制意大利面配上新鲜的西红柿酱

Ravioli - Lasagne - Tagliatelle

意大利小方饺 - 意大利千层) – 意大利全蛋宽面



Le nostre specialità (our specialties) (我们的招牌菜)

- La parmigiana

Baked eggplants, tomato sauce, gratinated with parmigiano cheese

帕尔玛干酪焗烤茄子，配西红柿酱

- L'arrosto contadino di maiale al vino bianco

Farmer juicy roast pork with white wine sauce

农夫多汁烤猪肉佐白葡萄酒酱汁

- Roast beef ai funghi

Farmer roast beef with mushroom sauce and roast potatoes, perfumed with

rosemary

农夫烤牛肉佐蘑菇酱和迷迭香烤土豆



I dolci della cuoca (our signature desserts) (我们的招牌甜点)



- ANTIPASTI-开胃菜

- Bruschetta al pomodoro** ✓ 5'800
Grilled bread topped with crushed tomato, basil, garlic and olive oil
烤面包片配上碎番茄、罗勒叶、香蒜及橄榄油
- Crostini Fiorentini** 6'200
Grilled bread topped with chicken liver cream
烤面包片搭配鸡肝奶油酱
- Bollito in salsa verde** 8'800
Boiled beef topped with green sauce (persil, basil)
煮牛肉搭配青酱 (欧芹、罗勒叶)
- Agliata algherese** 8'800
Eel or fish with garlic tomato sauce and balsamic vinegar
鳗鱼或鱼肉佐香蒜西红柿酱, 搭配意大利香醋
- Scampi alla griglia** 9'800
Grilled river wild prawns with garlic, basil, lime
烤野生河鲜大虾佐以香蒜、罗勒叶、青柠
- Antipasto italiano** ✓ 6'600
Baked eggplant, tomatoes, capsicum served with garlic bread
烤茄子、西红柿、甜椒搭配蒜味面包

-MINESTRE -汤

- Minestrone** ✓ 5'400
Fresh garden vegetables soup
菜园新鲜蔬菜汤
- Lenticchie** ✓ 5'400
Lentils soup perfumed with thym (thyme).
百里香扁豆汤



Vellutata di zucca ✓ 5'400
Pumpkin cream, whipping cream
奶油南瓜浓汤

-INSALATE-沙拉

Insalata verde od ai pomodori ✓ 5'400
Crunchy green lettuce, served with garlic bread or tomato salad
鲜脆生菜, 搭配蒜味面包或番茄沙拉

Insalata mista ✓ 6'200
Crunchy green lettuce, seasonal and garden vegetables served with garlic bread
鲜脆生菜, 来自菜园的时令蔬菜, 配上蒜味面包

Insalata caprese ✓ 7'800
Tomatoes, fresh mozzarella -fior di latte-, basil and olive oil
西红柿、新鲜的莫泽雷勒奶酪、罗勒和橄榄油

Insalata Torino 7'800
Juicy roast pork with tomatoes, green lettuce, cucumber, carrots, green sauce with vinegar
多汁的烤猪肉配番茄、绿色生菜、黄瓜、胡萝卜, 佐醋渍青酱

Insalata Nizza 7'400
Tuna mayonnaise with rice, boiled eggs, anchovies, green lettuce, tomatoes, onion, cucumber, olives, capers and oregano
蛋黄酱金枪鱼配米饭、煮鸡蛋、凤尾鱼、绿色生菜、西红柿、洋葱、黄瓜、橄榄、刺山柑和牛至

Insalata Sicilia 7'400
Chicken cutlet with hummus-chickpea cream, eggplant caviar, grilled tomatoes, grilled capsicum, olives, green lettuce
鸡排搭配奶油鹰嘴豆泥、圆茄鱼子酱、烤番茄、烤甜椒、橄榄、绿色生菜

Insalata Milano ✓ 6'400
White radish, carrots, apple, saffron mayonnaise, boiled eggs, green lettuce
白萝卜、胡萝卜、苹果、番红花蛋黄酱、煮鸡蛋、绿色生菜



Insalata Lecce  7'800

Tomatoes, cucumber, capsicum, onion, olive, capers, mozzarella,
西红柿、黄瓜、甜椒、洋葱、橄榄、刺山柑、莫泽雷勒奶酪

Insalata America 8'200

Shrimps, avocado, tomatoes, onion, peanuts, olive oil, lemon, green lettuce
虾、鳄梨、西红柿、洋葱、花生、橄榄油、柠檬、绿色生菜

OUR FRESH DAILY SALADS ARE WASHED WITH PURIFIED WATER

PRIMI

*Daily home made tagliatelle or gnocchi
- or- your choice of - spaghetti / penne / fusilli*

当天自制 意大利全蛋宽面 或意式土豆团
-或选择- 意式细面条/意式直通粉/意式螺旋粉

Pasta (spaghetti) aglio, olio, peperoncino  7'400


With garlic, olive oil, chili

意大利面，搭配香蒜、橄榄油、辣椒

Pasta Napoli al sugo di pomodoro  7'800

With classic Italian homemade tomato sauce and garden basil

那不勒斯意大利面，佐经典自制西红柿酱汁、菜园采摘的罗勒叶

Pasta Sarda al sugo freddo  (cold meal) 9'400

With crushed raw tomatoes salsa, fresh mozzarella -fior di latte- and basil

撒丁岛意大利面，搭配生番茄沙拉、新鲜莫泽雷勒芝士、罗勒叶

Pasta Bologna (al ragu` di manzo) 9'800

With typical home made bolognese beef sauce

博洛尼亚肉酱面，配自制牛肉酱



Pasta Carbonara 10'400

With cream sauce, egg yolk and crispy bacon, garlic and onion

培根蛋面，加奶油，蛋黄，脆培根，香蒜和洋葱

Pasta Liguria (Vegetarian carbonara) ✓ 9'200

With carrots, cauliflower, garden vegetables, cream sauce, fine herbs

利古里亚意大利面（素食培根蛋面），加胡萝卜、花椰菜、菜园蔬菜、奶油酱、细植物香料

Pasta Mediterranea ✓ 8'600

With tomatoes, eggplant, capsicum, and rosemary

地中海式意大利面，加了番茄、茄子、甜椒和迷迭香

Pasta al ragu` di pesce 10'200

With fresh river fish

意大利面配上新鲜的河鱼

PRIMI

Ravioli 意大利饺子

Ravioli con gamberi 10'800

With river wild prawns and cream sauce

意大利饺子，配野生河虾佐奶油白酱

Ravioli con carne 10'400

With beef served with homemade tomato sauce (Napoli style)

意大利饺子，搭配牛肉佐自制那不勒斯风味西红柿酱

Ravioli alla zucca ✓ 9'400

With pumpkin, served with cream sauce

意大利饺子，配南瓜佐奶油白酱



Risotti 烩饭

Risotto Mediterraneo ✓ 8'600

With tomatoes, eggplant, capsicum, and rosemary
地中海式烩饭，配番茄、茄子、甜椒和迷迭香

Risotto Liguria ✓ 9'200

With carrots, cauliflower, garden vegetables, cream sauce, fine herbs
利古里亚烩饭，配胡萝卜、花椰菜、花园蔬菜、奶油白酱、细香草

Risotto Pescatora 10'800

With fresh river fish and wild prawns
海鲜烩饭，配新鲜的河鱼与野生虾

Risotto Milanese ✓ 8'800

Saffron risotto
番红花烩饭

SECONDI

- Ricette della Cucina -

Lasagne alle verdure ✓ 11'200

Layered fresh pasta, seasonal vegetables, cheese and bechamel sauce
烤千层面，搭配时令蔬菜、奶酪和贝夏梅尔白酱

Lasagne bolognese 12'800

Bolognese beef sauce with fresh tomatoes, bechamel sauce and layered pasta
烤千层面，搭配新鲜的番茄牛肉酱与贝夏梅尔白酱

Parmigiana ✓ 11'400

Baked eggplants, tomato sauce, gratinated with parmigiano cheese
帕尔玛干酪焗烤茄子，佐西红柿酱

Fettina di pollo al limone, patatine fritte, verdure 14'200

Chicken cutlets with lemon sauce, french fries and garden's vegetables
鸡排佐柠檬调味汁、炸薯条和花园蔬菜



<i>Involtini di pollo con pancetta, purea di patate, verdure</i>	14'800
<i>Chicken cutlets stuffed with bacon and mashed potatoes, vegetables</i> 鸡排填料培根与土豆泥, 搭配蔬菜	
<i>Scaloppina al pepe e formaggio</i>	14'800
<i>Farmer pork cutlet with cheese, pepper served with home made tagliatelle</i> 农夫猪排, 奶酪、胡椒, 搭配自制意大利全蛋宽面	
<i>Arrosto di maiale contadino al vino bianco, patate arrosto,</i>	15'200
<i>Farmer juicy roast pork with white wine sauce, roast potatoes perfumed with rosemary</i> 农民多汁烤猪肉佐白葡萄酒酱汁, 配迷迭香烤土豆	
<i>Filetto ai funghi</i>	16'200
<i>Farmer roast beef with mushroom sauce and roast potatoes, rosemary</i> 农夫烤牛肉佐蘑菇酱, 配迷迭香烤土豆	
<i>Pesce fresco del fiume alla pizzaiola</i>	14'800
<i>Butter fish fillet baked with tomato sauce, capers and olives, served with home made tagliatelle</i> 香烤鱼排, 佐西红柿酱、刺山柑和橄榄, 搭配自制意大利全蛋宽面	
<i>Pesce fresco del fiume crema e limone</i>	14'800
<i>Butter fish fillet baked with lime and cream sauce, served with rice</i> 黄油香烤鱼排, 佐青柠、奶油酱, 搭配米饭	

PIZZE-比萨

<i>- baked in our wood oven-</i> 在我们的燃木烤箱中烤制的比萨	
<i>Foccacia</i> ✓	6'600
<i>Olive oil, rosemary, salt</i>	
<i>佛卡恰香草橄榄油面包</i>	
配料: 橄榄油、迷迭香、盐	
<i>Pizza Margherita</i> ✓	9'800
<i>Tomato sauce, mozzarella -fior di latte-, basil</i>	
<i>玛格丽塔比萨</i>	
配料: 西红柿酱、莫泽雷勒奶酪、罗勒叶	



Pizza Napoli	10'800
<i>Tomato sauce, mozzarella, olives, capers, oregano, anchovies</i>	
<u>那不勒斯比萨</u>	
配料：西红柿酱、莫泽雷勒奶酪、橄榄、刺山柑、牛至、凤尾鱼	
Pizza alle verdure ✓	10'400
<i>Tomato sauce, mozzarella -fior di latte-, grilled vegetables, onion, oregano</i>	
<u>蔬菜比萨</u>	
配料：西红柿酱、莫泽雷勒奶酪、烤蔬菜、洋葱、牛至	
Pizza Bianca ai 3 formaggi ✓	11'800
<i>Mozzarella, parmesan, mozzarella -fior di latte-, mushrooms</i>	
<u>加了三种奶酪的白比萨</u>	
配料：马苏里拉奶酪、帕马森干酪、蘑菇，配上新鲜的马苏里拉奶酪	
Pizza alla Rucola ✓	11'800
<i>Tomato sauce, mozzarella, raw tomatoes, rucola, parmesan slides</i>	
<u>火箭比萨</u>	
配料：西红柿酱、莫泽雷勒奶酪、生西红柿、芝麻菜、帕马森干酪片	
Bacon Pizza	12'200
<i>Tomato sauce, bacon, mozzarella, garlic and onion</i>	
<u>培根比萨</u>	
配料：西红柿酱、培根、莫泽雷勒奶酪、香蒜、洋葱	
Pizza Myanmar	12'400
<i>Tomato sauce, mozzarella, chicken or pork curry, mushrooms, oregano</i>	
<u>缅甸披萨</u>	
配料：西红柿酱、莫泽雷勒奶酪、咖喱鸡肉或猪肉、蘑菇、牛至	
Pizza al Tonno	12'800
<i>Tomato sauce, mozzarella, tuna, boiled eggs, onion, oregano</i>	
<u>金枪鱼披萨</u>	
配料：西红柿酱、莫泽雷勒奶酪、金枪鱼、煮鸡蛋、洋葱、牛至	
Pizza Pescatora	13'800
<i>Tomato sauce, mozzarella, river fresh fish and river prawns, oregano</i>	
<u>海鲜比萨</u>	
配料：西红柿酱、莫泽雷勒奶酪、新鲜河鱼与河虾、牛至	
Pizza al Salame Milano	13'600
<i>Tomato sauce, mozzarella, salami (or sausage), oregano</i>	
<u>米兰萨拉米比萨</u>	
配料：西红柿酱、莫泽雷勒奶酪、萨拉米香肠、牛至	



Brasilian Pizza / Banana Pizza ✓ 10'800
Banana, whipping cream, sweet condensed milk, mozzarella, cinnamon
巴西比萨
 配料：香蕉、鲜奶油霜、甜炼乳、莫泽雷勒奶酪、肉桂

DOLCI-甜点

Tiramisù 5'800
Classico with or without rum. / -Strawberry (seasonal)
 提拉米苏
 经典口味（含朗姆酒 / 不含朗姆） / 草莓口味（当季供应）

Torta al cioccolato fondente 6'800
Chocolate cake served with chocolate or vanilla ice cream
 巧克力蛋糕，配巧克力或香草冰淇淋

Crema spuma al cioccolato fondente 6'600
Chocolate mousse
 巧克力慕斯

Set al cioccolato (big-2people) 8'600
Cake, mousse and ice cream
 蛋糕，慕斯和冰淇淋

Tortini : - alla crema al limone 5'200
Tartlet with lemon cream
 柠檬奶油挞

- **alle mele e cannella** 5'200
Tartlet with vanilla cream, apple compote, cinnamon
 香草奶油挞，苹果蜜饯、肉桂

- **alla frutta**
Tartlet with vanilla cream and fresh fruits 5'200
 香草奶油挞加新鲜水果

Panna cotta con crema al limone 6'200
Italian milk cream topped with lemon cream
 意大利柠檬鲜奶霜



Seadas	5'800
<i>Fried Sardinian pie crust pastry with white cheese and honey</i> 炸撒丁岛酥皮派加白芝士和蜂蜜	
Macedonia di frutta fresca	5'400
<i>Fresh fruit salad</i> 新鲜水果沙拉	
Gelato al limone e limoncello	6'800
<i>Lemon ice cream and - limoncello - liquor</i> 柠檬冰淇淋、柠檬利口酒	
Gelati	6'400
<i>Chocolate, vanilla or seasonal fruit ice cream</i> 巧克力、香草或时令水果冰淇淋	
Affogato al caffè	6'400
<i>Vanilla ice cream with expresso coffee</i> 香草冰淇淋配上浓缩咖啡	

DRINK LIST-饮料

FRESH FRUIT JUICE-新鲜水果汁

2'600

Banana Juice- 香蕉汁	Pineapple Juice (seasonal)- 菠萝汁
Papaya Juice-木瓜汁	Watermelon Juice (seasonal)- 西瓜汁
Lime Juice -青柠汁	Avocado Juice (seasonal) - 鳄梨汁
Ginger Juice -生姜汁	Strawberry Juice (seasonal) -草莓汁
Coconut Juice -椰子汁	Mango Juice (seasonal) - 芒果汁



LASSI- 印度风味酸奶饮品

(home made yogurt drink) (自制酸奶饮品)

2'800

Banana Lassi 香蕉酸奶

Strawberry Lassi (seasonal) 草莓酸奶

Papaya Lassi 木瓜酸奶

Mango Lassi (seasonal) 芒果酸奶

Vanilla Lassi 香草酸奶

Pineapple Lassi (seasonal) 菠萝酸奶

Chocolate Lassi 巧克力酸奶

SOFT DRINKS-软饮料

1'800

*Coca-Cola / Coca-zero c. / SunKist (orange) / Sprite / Soda water /
Tonic water (2'200)*

可口可乐/零度可口可乐 c. /新奇士 (橙子味) /雪碧/苏打水
/ 汤力水

WATER- 水

Purified water (from Myanmar) 纯净水 - 1'000 (1. lt.)

Loretana Sparkling mineral water (from Italy)

起泡矿泉水 (产自意大利) - 2'800 (0.5 lt.)

3'800 (1. lt.)



BEER- 啤酒

3'400

Myanmar 缅甸啤酒 (bt. 64cl)

Mandalay 曼德勒啤酒 (bt. 64cl)

COFFEE - 咖啡

2'400

Espresso / Caffè / Caffè Americano / 浓缩咖啡/咖啡/美式咖啡/

2'800

Cappuccino/ Caffè Latte/ Caffè Mocha / 卡布奇诺/拿铁/摩卡/

TEA- 茶

Assam / Earl Grey Tea / Homemade herbal Tea / Green Tea / Hot Ginger lime and honey 。阿萨姆红茶/格雷伯爵茶/自制草药茶/绿茶/热姜蜂蜜青柠茶 - 2'400